

Waukee Girls Relays - 4/12/2018

Waukee Stadium

Results - Waukee Girls Relays

Event 1 Girls High Jump Varsity

Name	School	Finals
Finals		
1 Neighbors, Kylee	Grinnell	5-02.00
2 Watson, Piper	Mason City	5-00.00
3 Ferguson, Ally	D.C.G.	J5-00.00
4 Mazour, Regan	Marshalltown	J5-00.00
5 Kimbrough, Auriona	Cedar Falls	4-10.00
5 Holterhaus, Emily	Pella	4-10.00
5 Halley, Brocker	Roosevelt	4-10.00
8 Leistikow, Sabrina	Cedar Falls	4-08.00
8 Himes, Gabby	Marshalltown	4-08.00
8 Boss, Carly	Waukee	4-08.00
8 Hemesath, Ellie	Waukee	4-08.00
8 Nahas, Olivia	Dowling	4-08.00
13 Stanley, Taylor	Carlisle	4-06.00
13 Gipple, Anna	Dowling	4-06.00
13 Jones, Maddison	Grinnell	4-06.00
16 Wingert, Emily	Boone	4-04.00
--- Ahartz, Adelynn	Carlisle	NH

Event 2 Girls High Jump Junior Varsity

Name	School	Finals
Finals		
1 Berg, Sydney	Carlisle	4-08.00
2 Severson, Kaitlyn	Waukee	J4-08.00
3 Green, Layanna	Waukee	4-06.00
4 Damabel, Barine	Waukee	x4-04.00
5 Weber, Maddie	Waukee	xJ4-04.00
6 Mahoney, Aubrey	Waukee	xJ4-04.00
--- Applebee, Kyerstin	Waukee	NH
--- Martinez, Ingrid	Waukee	NH

Event 3 Girls Discus Throw Varsity

Name	School	Finals
Finals		
1 Moody, Kat	Waukee	120-00
2 Cairney, Elly	Pella	114-05.50
3 Metzger, Grace	Marshalltown	111-01.50
4 Smith, Kara	Waukee	104-07
5 Hittner, Allie	Dowling	102-11
6 Sandvig, Claire	Boone	102-01
7 Husic, Aldina	D.C.G.	100-08.50
8 Townsend, Jessi	Grinnell	100-01
9 Podhajsky, Jill	Marshalltown	97-09
10 Flanska, Allison	Cedar Falls	96-06
11 Baier, Kristen	A.D.M.	94-05
12 Ball, Emily	Dowling	94-01.50
13 Kruse, Brooke	Carlisle	92-11
14 DeWaard, Kaeleigh	Pella	92-01
15 Seeck, Carly	Mason City	91-10
16 Fistler, Amber	D.C.G.	91-03
17 Person, Cailey	A.D.M.	87-07
18 Tobin, Grace	Mason City	86-10
19 Rentz, Megann	Cedar Falls	84-11

20 Jada, Alexander	Roosevelt	82-08
21 Shipley, Caitlyn	Norwalk	80-11.50
22 Jones, Marie	I.C.City	80-09
23 Pattison, Olivia	Ft Dodge	72-03.50
24 Eze, Liz	Carlisle	70-09.50
25 Lewis, Victoria	Boone	66-10
26 Shabani, Louise	I.C.City	64-01
27 Patten, Lily	Grinnell	59-08
28 Mya, Williams	Roosevelt	52-01
29 Kimbrough, Kendra	Norwalk	51-01

Event 4 Girls Discus Throw Junior Varsity

Name	School	Finals
Finals		
1 Laird, Morgan	Waukee	102-00
2 Myers, Abigail	Waukee	96-03
3 Burger, Avelyn	Waukee	x93-03.50
4 DeWitt, Emma	Cedar Falls	88-01
5 Sherbon, Emmey	Cedar Falls	85-03
6 Caro, Isamar	Waukee	x81-06
7 Jacobson, Molly	Waukee	x79-07
8 Sankaranthi, Neha	Waukee	x76-11
9 Miles, Dakota	D.C.G.	74-11
10 Lee, Allyx	Carlisle	73-07
11 Carlson, Grace	Waukee	x73-01
12 Curtis, Lexy	Mason City	70-02
13 VanVark, Sidnie	Pella	69-03
14 Aniges, Beasley	Roosevelt	67-04
15 Bates, Leah	Waukee	x63-06
16 Bowling, Zoe	D.C.G.	63-02
17 McGinnis, Mackenzie	Carlisle	61-06.50
18 Tilkes, Bobbi	Mason City	60-09
19 Peterson, Autumn	Ft Dodge	60-05
20 Kayla, Holman	Roosevelt	60-00.50
21 Almond, Allyson	Pella	59-10
22 Busch, Xyola	Waukee	x59-00.50
23 Peters, Abigail	Waukee	x58-04
24 Miller, Gracie	Ft Dodge	57-05
24 Miller, Grace	Waukee	x57-05
26 Jansen, Paige	A.D.M.	52-06
27 Higgins, Lucy	Norwalk	50-03
28 Marquardt, Bailey	Waukee	x49-05
29 Pelletier, Eleanor	Waukee	x49-02
30 Joens, Hannah	A.D.M.	43-11
--- Carstensen, Verity	Waukee	ND

Event 5 Girls Shot Put Varsity

Name	School	Finals
Finals		
1 Moody, Kat	Waukee	45-00.00
2 DeWaard, Kaeleigh	Pella	37-06.00
3 Kruse, Brooke	Carlisle	37-00.75
4 Myers, Abigail	Waukee	36-01.75
5 Flanska, Allison	Cedar Falls	35-06.50
6 Metzger, Grace	Marshalltown	34-07.75
7 Deng, Tina	Dowling	34-05.25

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Results - Waukee Girls Relays

Finals ... (Event 5 Girls Shot Put Varsity)

Name	School	Finals
8 Tobin, Grace	Mason City	33-05.00
9 Dighton, Emma	Boone	33-03.50
10 Miles, Dakota	D.C.G.	32-11.75
11 Shadle, Caitlynne	Boone	32-03.50
12 Fistler, Amber	D.C.G.	32-03.00
13 Johnson, Anna	Dowling	32-01.25
14 Jada, Alexander	Roosevelt	31-09.75
15 Rentz, Megann	Cedar Falls	30-11.75
16 Dimaucia, Phanfil	Roosevelt	30-10.50
17 Person, Cailey	A.D.M.	30-09.50
18 Jones, Marie	I.C.City	30-04.50
19 Recker, Sydney	Ft Dodge	30-04.00
20 Podhajsky, Jill	Marshalltown	30-03.75
21 Meyers, Alicia	Pella	29-05.75
22 Lee, Allyx	Carlisle	29-02.75
23 Seeck, Carly	Mason City	28-08.00
24 Sellers, Makaylin	Grinnell	26-04.50
25 Cline, Kylie	Grinnell	26-00.50
26 Reynolds-Ward, Diamond	Norwalk	25-05.75
27 Shipley, Caitlyn	Norwalk	24-11.50
28 Jansen, Paige	A.D.M.	24-06.50
29 Pattison, Olivia	Ft Dodge	24-04.00
--- Sila, Angel	I.C.City	ND

Event 6 Girls Shot Put Junior Varsity

Name	School	Finals
1 Smith, Kara	Waukee	32-09.50
2 Ellsworth, Emma	Boone	30-08.75
3 Jacobson, Molly	Waukee	30-03.75
4 Burger, Avelyn	Waukee	x29-03.50
5 Kain, Payton	Carlisle	28-07.75
6 McCoy, Gabby	Carlisle	28-00.50
7 Caro, Isamar	Waukee	x27-11.25
8 Bennett, Sara	Pella	27-11.00
9 Jones, Jzonei	D.C.G.	27-07.75
10 Curtis, Lexy	Mason City	27-07.00
11 Sherbon, Emmey	Cedar Falls	26-11.25
12 Laird, Morgan	Waukee	x26-09.75
13 Tilkes, Bobbi	Mason City	25-10.00
14 Marquardt, Bailey	Waukee	x24-08.50
15 DeWitt, Emma	Cedar Falls	24-06.25
16 Sankaranthi, Neha	Waukee	x24-01.00
17 Fuller, Roselaure	Pella	23-11.00
18 Bates, Leah	Waukee	x22-09.75
19 Aapri, Duke	Roosevelt	22-00.50
19 Bowling, Zoe	D.C.G.	22-00.50
21 Carlson, Grace	Waukee	x20-06.50
22 Peterson, Autumn	Ft Dodge	20-01.00
23 Busch, Xyola	Waukee	x19-08.00
24 Pelletier, Eleanor	Waukee	x19-02.50
25 Peterson, Abigail	Ft Dodge	19-01.50
26 Erin, Dillon	Roosevelt	16-08.00
27 Joens, Hannah	A.D.M.	15-09.50

--- Jansen, Paige

A.D.M.

ND

Event 8 Girls Long Jump Varsity

Name	School	Finals
1 Green, Emerson	Cedar Falls	17-05.00
2 Durr, Sienna	Grinnell	17-04.00
3 Malek, Paighton	Pella	17-01.00
4 Thomas, Hannah	Mason City	16-07.25
5 Bettis, Lydia	Waukee	16-01.00
6 Odir, Christina	Dowling	16-00.00
7 Castle, Ellen	Boone	15-11.75
8 Campbell, Shae	Norwalk	15-10.50
9 Becker, Lily	Cedar Falls	15-06.25
10 Karunatilaka, Sehansa	Waukee	15-05.50
11 Cooper, Emma	I.C.City	15-03.25
12 Rowan, Schlarmann	Roosevelt	15-01.25
13 Jones, Maddison	Grinnell	15-01.00
14 Nordhagen, Josie	Carlisle	15-00.25
15 Halley, Brocker	Roosevelt	15-00.00
16 Odir, Nancy	Dowling	14-11.00
17 Hansen, Mallory	Boone	14-10.00
18 Ahartz, Adelynn	Carlisle	14-09.00
19 Vanderhoff, Roselande	Pella	14-05.00
20 Quintero, Lizzy	Mason City	14-03.75
21 Hidlebaugh, Haylee	D.C.G.	13-07.00
22 Frett, Sarah	D.C.G.	11-08.00

Event 9 Girls Long Jump Junior Varsity

Name	School	Finals
1 Ava, Denner	Roosevelt	16-01.00
2 Scheid, Isabella	Waukee	15-11.00
3 Smith, Raelynn	Cedar Falls	15-03.25
4 Kim, Lauren	Waukee	15-02.50
5 Green, Layanna	Waukee	x14-09.50
6 Mihura, Delfina	Waukee	x14-04.00
7 Wheeler, Heidi	Waukee	x13-10.00
8 Johannes, Alaina	Waukee	x13-08.50
9 Johnson, Eleanor	Waukee	x13-06.50
10 Boyd, Briannah	Waukee	x13-04.50
11 Teuber, Josefina	Waukee	x13-03.00
12 Wood, Hannah	Waukee	x13-02.00
13 Kirk, Kyanna	Ft Dodge	13-01.00
14 Adkins, Shelby	A.D.M.	12-11.50
15 Schmidt, Olivia	Waukee	x12-06.00
16 Gordon, Aureil	Waukee	x12-04.50
17 Randall, Callan	Norwalk	12-01.00
17 Hoover, Madison	Waukee	x12-01.00
19 Primrose, Rachel	Waukee	x10-05.00

Waukee Girls Relays - 4/12/2018

Waukee Stadium

Results - Waukee Girls Relays

Event 10 Girls 800 Sprint Medley Varsity

Team	Relay	Finals
Finals		
1 Cedar Falls		1:49.97
1) Geerdes, Nicole	2) Sterrett, Morgan	
3) Kimbrough, Auriona	4) Michael, Mackenzie	
2 Pella		1:50.26
1) Miller, Metsje	2) Malek, Paighton	
3) Pingel, Annika	4) Vos, Emily	
3 A.D.M.		1:51.84
1) Lonneman, Josi	2) Kester, Keaton	
3) Kenny, Anna	4) Juergens, Sadie	
4 Waukee		1:52.51
1) Karunatilaka, Sehansa	2) Benson, Julia	
3) Bannister, Kate	4) Akason, Logan	
5 Dowling Catholic		1:53.52
1) Wilson, Mallory	2) Heuckendorf, Roz	
3) Gehrke, Olivia	4) Tobias, Margaret	
6 Iowa City High		1:53.79
1) Clark, Emma	2) Cooper, Emma	
3) Kelly-Harvey, CeCe	4) Lindsey, Ayana	
7 Norwalk		1:56.28
1) Rodman, Tarynn	2) Campbell, Shae	
3) Vanderholt, Taylor	4) Davitt, Abbie	
8 D.M. Roosevelt		1:57.23
1) Jhamae, Morales	2) Tori, Hall	
3) Esther, Ubadiabo	4) Claire, Chell	
9 Marshalltown		1:59.12
1) Gardner, Kierra	2) Chadderdon, Alyvia	
3) Trowbridge, Sara	4) Corona, Beyonce	
10 D.C.-Grimes		2:02.03
1) Feeley, Riley	2) Paup, Tristyn	
3) Ashley, Hannah	4) Johnson, Shelby	
11 Grinnell		2:02.52
1) Benning-Shorb, Micah	2) Hart, Lexi	
3) Petig, Addyson	4) Luther, Madison	
12 Fort Dodge		2:02.55
1) Al-Hameed Foy, Shania	2) Doster, Tristin	
3) Roby, KeiMara	4) Miller-Hameed, Cheyenne	
13 Carlisle		2:02.60
1) Statler, Natalea	2) Mercer, Paige	
3) Hoffman, Meredith	4) Link, Lexxi	
14 Mason City		2:06.60
1) Quintero, Lizzy	2) Nelsen, Heather	
3) Deets, Anna	4) Trousdale, Serena	
15 Boone		2:10.14
1) Spurgeon, Lily	2) Price, Bailey	
3) Hultgren, Samantha	4) Brogden, ShyAnne	

Event 11 Girls 800 Sprint Medley Junior Varsity

Team	Relay	Finals
Finals		
1 Dowling Catholic		2:01.85

2 Norwalk		2:04.72
1) Hunter, McKenzie	2) Gilchrist, Camryn	
3) Apana-Stipe, Ella	4) Schulz, Annika	
3 Cedar Falls		2:05.09
1) Gee, Jenneh	2) Kvale, Paige	
3) Clark, Emma	4) Lenaerts, Maddy	
4 D.M. Roosevelt		2:06.56
1) Rowan, Schlarmann	2) Leslie, Delgado	
3) Emma, Fritzjunker	4) Ingrid, Collet	
5 D.C.-Grimes		2:07.91
6 Waukee	B	2:07.97
1) Liu, Tina	2) Kocher, Wren	
3) Bahnsen, Addisyn	4) Chase, Ashlyn	
7 Waukee		x2:09.25
1) Finken, Sophie	2) Clouser, Grace	
3) Damabel, Barine	4) Swartz, Alexa	
8 A.D.M.		2:09.78
1) Zwank, Holland	2) Hoy, Katie	
3) Hook, Elle	4) Mueller, Ellie	
9 Fort Dodge		2:12.45
1) Moore, Kylei	2) Richardson, Dallas	
3) Touney, Kiana	4) Thompson, Avery	
10 Pella		2:17.58
1) Slings, Brooke	2) Geetings, Kaina	
3) Boll, Rachel	4) Rempe, Maddy	
11 Mason City		2:19.86
1) Torres, Xamariel	2) Duncan, Joey	
3) Gobeli, Cree	4) Larson, Keri	

Event 12 Girls 3000 Meter Run Varsity

Name	School	Finals
Finals		
1 Van Dyk, Elzeine	Dowling	10:47.66
2 Schaffer, Izzy	Waukee	11:25.14
3 VanDorn, Jessica	Cedar Falls	11:28.28
4 Paulson, Natalie	D.C.G.	11:34.17
5 Lindower, Anna	I.C.City	11:35.59
6 Reichart, Katelyn	Dowling	11:42.21
7 Foley, Karson	Waukee	11:43.16
8 Merial, Nicole	D.C.G.	11:47.26
9 Marckmann, Zoe	A.D.M.	11:50.01
10 Conner, Nola	Grinnell	11:51.49
11 Welch, Hannah	A.D.M.	11:53.67
12 Jorgensen, Chelsea	Pella	11:56.27
13 Veit, Julia	I.C.City	12:12.51
14 Kruse, Makayla	Pella	12:23.57
15 Eppert, Hannah	Boone	12:46.42
16 Anderson, Ella	Carlisle	13:25.51
17 Gruver, Isabel	Ft Dodge	14:06.25
18 McKinney, Adyson	Ft Dodge	14:45.80

Event 13 Girls 3000 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Loeffelholz, Frances	Waukee	11:49.00
2 Van Langen, Kayla	Waukee	12:38.88

Waukee Girls Relays - 4/12/2018

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Results - Waukee Girls Relays

Finals ... (Event 13 Girls 3000 Meter Run Junior Varsity)

Name	School	Finals
3 Bergan, Taylor	Norwalk	12:39.92
4 Weers, Calissa	Waukee	x12:47.63
5 Roorda, Ellie	Pella	12:53.26
6 Pratt, Emma	Boone	14:32.55
7 Smith, Kayla	Ft Dodge	15:54.37

Event 14 Girls 4x800 Meter Relay Varsity

Team	Relay	Finals
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Finals

1 Dowling Catholic		9:38.80
1) Meilander, Janey	2) Miller, Sydnee	
3) Timboe, Kate	4) Schweizer, Kelsey	
2 Waukee		9:48.70
1) Schaffer, Sydney	2) Kelderman, Peyton	
3) Kelderman, Lindsey	4) Shepard, Emma	
3 Cedar Falls		10:15.44
1) Hertz, Anna	2) Larsen, Madison	
3) Neese, Alyssa	4) Schmitz, Meg	
4 D.C.-Grimes		10:23.90
1) Sterbenz, Sami	2) Ferguson, Ashley	
3) Smith, Lexi	4) Angus, Emma	
5 Pella		10:24.37
1) Halstead, Erica	2) Blommers, Ashley	
3) Blommers, Lindsey	4) Wittenberg, Tirzah	
6 Iowa City High		10:32.38
1) Reynolds, Lillian	2) Hecker, Aly	
3) Brands, Kinsee	4) Rummelhart, Annalise	
7 Norwalk		10:44.63
1) Balk, Annie	2) Kehoe, Emily	
3) Chase, Emma	4) Wallace, Annika	
8 D.M. Roosevelt		11:14.22
1) Katherine, Levy	2) Zoe, Fry	
3) Hannah, Neary	4) Elizabeth, Hahn	
9 Grinnell		11:19.21
1) Jones, Anjali	2) Green, Sydney	
3) Furness, Abigail	4) Peak, Morgan	
10 Fort Dodge		11:31.75
1) Klocko, Madelyn	2) Roberts, Baili	
3) Daniel, Madalyn	4) Mitchell, Olivia	
11 Marshalltown		11:37.28
1) Barajas, Mia	2) Flores, Odaly	
3) Collins, Grace	4) Uhde, Kaci	

Event 15 Girls 4x800 Meter Relay Junior Varsity

Team	Relay	Finals
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Finals

1 Waukee		10:49.29
1) Felt, Katelyn	2) Wood, Meredith	
3) Basart, Margaux	4) Statton, Molly	
2 Dowling Catholic		11:17.56
3 Waukee	B	x11:20.18
1) Longnecker, Calysta	2) Costa, Kasey	
3) Ingle, Katie	4) Christensen, Paige	

4 Norwalk		11:53.58
1) Neimeyer, Cadyn	2) Hoch, Eva	
3) Grell, Ellie	4) Martin, Natalie	
5 A.D.M.		12:09.94
1) Pospisal, Mara	2) Brittain, Belle	
3) Chapman, Christina	4) Munyan, Astraea	
6 Boone		13:12.46
1) Rose, Sophia	2) Eppert, Jayda	
3) Andersen, Samantha	4) Reutter, Megan	

Event 16 Girls 4x100 Meter Shuttle Hurdle Varsity

Team	Relay	Finals
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Finals

1 Waukee		1:04.52
1) Winger, Sydney	2) Winger, Kynzi	
3) Keplinger, Anna	4) Keplinger, Ellen	
2 Dowling Catholic		1:07.89
1) Bacille, Mira	2) Gehrke, Olivia	
3) Odir, Christina	4) Okwaramoi, Juru	
3 Carlisle		1:07.94
1) Mesecher, Cameron	2) Viers, Tristine	
3) Haack, Jocelyn	4) Lambson, Aricka	
4 Cedar Falls		1:08.45
1) Becker, Lily	2) Galvez, Dalilah	
3) Davis, Sydney	4) Burken, Grace	
5 Iowa City High		1:09.39
1) Swenning, Kate	2) Sekafetz, Jordan	
3) Dancer, Jae	4) Schaeckenbach, Caroline	
6 A.D.M.		1:09.91
1) Baier, Kristen	2) Calligan, Abigail	
3) Zwank, Holland	4) Schepers, Sami	
7 D.C.-Grimes		1:10.96
1) Ryan, Abby	2) Knudsen, Katelyn	
3) Vance, Carsyn	4) Frett, Sarah	
8 Grinnell		1:12.26
1) Hart, Lexi	2) Jones, Maddison	
3) Neighbors, Kylee	4) Durr, Sienna	
9 Norwalk		1:12.66
1) Davitt, Abbie	2) Hjelden, Maya	
3) Belizzi, Gianna	4) Bunch, Abby	
10 Boone		1:14.42
1) Spurgeon, Lily	2) Danner, Madyln	
3) Hightshoe, Zoey	4) Hansen, Mallory	

Event 17 Girls 4x100 Meter Shuttle Hurdle Junior Varsity

Team	Relay	Finals
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Finals

1 Waukee		1:12.04
1) Stark, Zoey	2) Caldwell, Savannah	
3) Kim, Lauren	4) Vogel, Abby	
2 Waukee	B	x1:18.76
1) Severson, Kaitlyn	2) Raymond, Isabella	
3) Watts, Lillian	4) Toler, Alison	

Waukee Girls Relays - 4/12/2018

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Results - Waukee Girls Relays

Event 18 Girls 100 Meter Dash Varsity

Name	School	Finals
Finals		
1 Vos, Emily	Pella	12.36
2 Vojic, Elma	Waukee	12.48
3 Kester, Keaton	A.D.M.	12.59
4 Rodman, Tarynn	Norwalk	12.86
5 Murrow, Ashley	D.C.G.	13.28
6 Green, Tiara	I.C.City	13.32
7 Kenny, Anna	A.D.M.	13.33
8 Daugherty, Odeleine	Mason City	13.36
9 Sterrett, Morgan	Cedar Falls	13.39
10 Geerdes, Nicole	Cedar Falls	13.45
11 Wilson, Mallory	Dowling	13.46
12 Castle, Ellen	Boone	13.53
13 Gardner, Kierra	Marshalltown	13.65
14 Jones, Janiah	Waukee	13.67
15 Doster, Tristin	Ft Dodge	13.78
16 Kuestner-Burleson, Forest	Dowling	13.81
17 Diers, Esther	Pella	13.87
18 Knudsen, Katelyn	D.C.G.	13.94
19 Eunique, Adair	Roosevelt	13.95
20 Schnathorst, Delaney	Carlisle	14.16
21 Sage, Halfhill-Boone	Roosevelt	14.18
22 Orput, Tessa	Carlisle	14.21
23 Benning-Shorb, Micah	Grinnell	14.22
24 Van Syoc, Makenna	Mason City	14.55
25 Himes, Gabby	Marshalltown	14.82
26 Bowles, Abbey	Norwalk	15.24
27 Betts, Savanna	Boone	15.61

Event 19 Girls 100 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Armstrong, Evie	Pella	13.72
2 Tornell, Charlyze	Waukee	13.73
3 Shadle, Caitlynn	Boone	13.76
4 Konfrst, Katelyn	Pella	13.98
5 Weiss, Macy	Waukee	14.06
6 Liu, Tina	Waukee	x14.22
7 Raymond, Isabella	Waukee	x14.25
8 Barney, Anaya	Cedar Falls	14.29
9 Bishop, McKenna	Ft Dodge	14.33
10 Martin, Haley	Waukee	x14.54
11 Damabel, Barine	Waukee	x14.56
12 Sindlinger, Teagan	Waukee	x14.65
13 Sophia, Rauen	Roosevelt	14.70
14 Feeley, Riley	D.C.G.	14.73
15 Kosbab, Kacie	Waukee	x14.90
16 Adkins, Shelby	A.D.M.	14.96
17 Kocher, Wren	Waukee	x15.02
18 Rodriguez, Sarah	Ft Dodge	15.19
19 Briyahn, Warner	Roosevelt	15.25
20 Wagner, Jordyn	Waukee	x15.48
21 Beeler, Lauryn	Carlisle	15.50

22 Johnson, Lexi	Boone	15.52
23 Wood, Gemma	D.C.G.	15.55
24 Primrose, Rachel	Waukee	x15.60
25 Schenck, Natalie	Waukee	x15.80
26 Wood, Hannah	Waukee	x15.90
27 Sharma, Radhika	Waukee	x16.05
28 Suvic, Selma	Waukee	x16.08
29 Torres, Xamariel	Mason City	16.26
30 Grant, Peiton	Norwalk	16.66
31 Anderson, Chloe	Waukee	x16.80
32 Streyffler, Abbi	Carlisle	17.07
33 Hull, Justyce	Mason City	17.36
34 Barnes, Taylor	A.D.M.	17.37
35 Giesken, Aerial	Norwalk	17.43
36 Baeth, Alexa	Waukee	x17.51

Event 21 Girls Distance Medley Varsity

Team	Relay	Finals
Finals		
1 Waukee		4:24.43
1) Barnes, Sam	2) Schossow, Emma	
3) Schlicher, Ainsley	4) Groathouse, Megan	
2 Pella		4:25.64
1) Miller, Metsje	2) Thoreson, Elsie	
3) Holterhaus, Emily	4) McMartin, Caroline	
3 Mason City		4:27.07
1) Daugherty, Odeleine	2) Tobin, Grace	
3) Thomas, Hannah	4) Davison, Emma	
4 Dowling Catholic		4:36.86
1) Pierick, Kathryn	2) Pogemiller, Lauren	
3) Giudici, Anna	4) Riesburg, Alexis	
5 D.C.-Grimes		4:40.79
1) Paup, Tristyn	2) Ashley, Hannah	
3) Mikota, Grace	4) Muhlstein, Miranda	
6 Cedar Falls		4:45.68
1) Gee, Jenneh	2) Leistikow, Sabrina	
3) Clark, Emma	4) Ross, Caroline	
7 Norwalk		4:46.11
1) Whitehead, Joplyn	2) Schulz, Annika	
3) Heaverlo, Katie	4) Balk, Annie	
8 Boone		4:49.91
1) Hightshoe, Zoey	2) Wingert, Emily	
3) Muller, Maggy	4) Purtle, Liz	
9 Grinnell		5:02.91
1) Eitel, Keelie	2) Hart, Lexi	
3) Green, Sydney	4) Kivett, Gracce	
10 Fort Dodge		5:06.73
1) Clark, Jebreauna	2) Bishop, McKenna	
3) Roby, KeiMara	4) McBride, Piera	
11 Carlisle		5:15.56
1) Nordhagen, Josie	2) Viers, Kirstin	
3) Hoekstra, Molly	4) Spieker, Meadeau	
12 Marshalltown		5:17.83
1) Collins, Grace	2) Ramirez, Mariana	
3) Vergara, Priscila	4) Kapauou, Lyris	

Waukee Girls Relays - 4/12/2018

Waukee Stadium

Results - Waukee Girls Relays

Event 22 Girls Distance Medley Junior Varsity

Team	Relay	Finals
Finals		
1 Waukee		4:43.58
1) Finken, Sophie	2) Clouser, Grace	
3) Smith, Lillie	4) Hueser, Sophia	
2 Cedar Falls		4:46.14
1) Brokenshire, Rachel	2) Freeman, Jayna	
3) Neese, Alyssa	4) Fixen, Gretchen	
3 Waukee	B	x4:50.84
1) Johnson, Eleanor	2) Johnson, Raigen	
3) Banwart, Madison	4) Trampel, Brooke	
4 Waukee	C	x5:03.79
1) Ransom, Tessa	2) Schmidt, Olivia	
3) Collum, Layne	4) Seashore, Brooke	
5 Norwalk		5:15.67
1) Hunter, McKenzie	2) Randall, Callan	
3) Grant, Peiton	4) Giesken, Aerial	
6 Pella		5:18.33
1) Webb, Madeline	2) VanWyk, Kinzi	
3) Cutler, Abby	4) Feucht, Elle	
7 Fort Dodge		5:23.47
1) Rork, Mylea	2) Kirk, Kyanna	
3) Estlund, Alexa	4) Bork, Adyson	

Event 23 Girls 400 Meter Dash Varsity

Name	School	Finals
Finals		
1 Kimbrough, Auriona	Cedar Falls	1:01.45
2 Benson, Julia	Waukee	1:02.63
3 Berte, Greta	Cedar Falls	1:03.57
4 Timboe, Kate	Dowling	1:03.80
5 Groetken, Katie	Waukee	1:03.95
6 Peak, Morgan	Grinnell	1:06.59
7 Sophie, Hall	Roosevelt	1:07.49
8 Diers, Faith	Pella	1:10.27
9 Flood, Anne	Dowling	1:10.76
10 Link, Lexxi	Carlisle	1:12.42
11 Furness, Abigail	Grinnell	1:13.03
12 Thompson, Avery	Ft Dodge	1:13.79

Event 24 Girls 400 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Hiscocks, Peyton	Waukee	1:04.96
2 Simons, Shelby	Cedar Falls	1:05.96
3 Tielbur, Kelby	Waukee	1:08.01
4 Brogden, ShyAnne	Boone	1:10.52
5 Ingrid, Collet	Roosevelt	1:11.41
6 Hoover, Madison	Waukee	x1:12.08
7 Basart, Miranda	Waukee	x1:12.11
8 Martinez, Ingrid	Waukee	x1:14.81
9 Leslie, Delgado	Roosevelt	1:16.45
10 Furnal, Aubrey	Carlisle	1:21.16
11 Barr, Madisyn	Carlisle	1:31.54

Event 26 Girls 4x200 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Pella		1:43.78
1) Miller, Metsje	2) Pingel, Annika	
3) Thoreson, Elsie	4) Vos, Emily	
2 Waukee		1:44.48
1) Benson, Abby	2) Taylor, Delaney	
3) Bannister, Kate	4) Vojic, Elma	
3 Dowling Catholic		1:47.62
1) Bacille, Mira	2) Heuckendorf, Roz	
3) Gehrke, Olivia	4) Tobias, Margaret	
4 Iowa City High		1:49.06
1) Clark, Emma	2) Cooper, Emma	
3) DePrenger, Sydney	4) Lindsey, Ayana	
5 Cedar Falls		1:50.25
1) Smith, Raelynn	2) Geerdes, Nicole	
3) Kvale, Paige	4) Sterrett, Morgan	
6 D.M. Roosevelt		1:51.55
1) Jhamae, Morales	2) Halley, Brocker	
3) Tori, Hall	4) Claire, Chell	
7 Marshalltown		1:53.37
1) Gardner, Kierra	2) Chadderdon, Alyvia	
3) Trowbridge, Sara	4) Corona, Beyonce	
8 D.C.-Grimes		1:53.43
9 Grinnell		1:57.10
1) Neighbors, Kylee	2) Eitel, Keelie	
3) Luther, Madison	4) Petig, Addyson	
10 Carlisle		1:59.26
1) Ahartz, Adelynn	2) Hyde, Ashliah	
3) Mercer, Paige	4) Statler, Natalea	
11 Norwalk		1:59.55
1) Hjelden, Maya	2) Whitehead, Joplyn	
3) Schulz, Annika	4) Heaverlo, Katie	
12 Mason City		1:59.90
1) Deets, Anna	2) Quintero, Lizzy	
3) Nelsen, Heather	4) Watson, Piper	
13 Fort Dodge		1:59.95
1) Roby, KeiMara	2) Al-Hameed Foy, Shania	
3) Clark, Jebreauna	4) Rork, Mylea	
14 A.D.M.		2:07.87
1) Hoy, Katie	2) Adkins, Shelby	
3) Spiker, Tayah	4) Zwank, Holland	

Event 27 Girls 4x200 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Waukee		1:50.56
1) Jones, Janiah	2) Akason, Lindsey	
3) Gates, Lauren	4) Muse, Sofia	
2 Cedar Falls		1:52.12
1) Leistikow, Sabrina	2) Lenaerts, Maddy	
3) Green, Emerson	4) Barney, Anaya	
3 Dowling Catholic		1:54.66

Waukee Girls Relays - 4/12/2018

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Results - Waukee Girls Relays

Finals ... (Event 27 Girls 4x200 Meter Relay Junior Varsity)

Team	Relay	Finals
4 Waukee	C	x1:57.93
1) Mihura, Delfina	2) Johannes, Alaina	
3) Scheid, Isabella	4) Gordon, Aureil	
5 Waukee	B	x1:58.10
1) Weiss, Macy	2) Ransom, Tessa	
3) Wheeler, Heidi	4) Bahnsen, Addisyn	
6 D.M. Roosevelt		1:58.79
1) Eunique, Adair	2) Zoe, Lawson	
3) Briyahn, Warner	4) Sophia, Rauen	
7 Pella		2:02.01
1) Webb, Madeline	2) VanWyk, Kinzi	
3) Goemaat, Mackenna	4) Rowe, Ava	
8 D.C.-Grimes		2:04.81
9 Boone		2:07.64
1) Betts, Savanna	2) Price, Bailey	
3) Johnson, Lexi	4) Eppert, Hannah	
10 Mason City		2:08.41
1) Nehman, Evie	2) McCleish, Essie	
3) Duncan, Joey	4) Diaz, Aubri	
11 Fort Dodge		2:08.77
1) Bishop, McKenna	2) Moore, Kylei	
3) Touney, Kiana	4) Niemeyer, Annie	
12 A.D.M.		2:18.92
13 Norwalk		2:19.55
1) Hunter, McKenzie	2) Randall, Callan	
3) Grant, Peiton	4) Giesken, Aerial	

Event 28 Girls 100 Meter Hurdles Varsity

Name	School	Finals
Finals		
1 Winger, Sydney	Waukee	14.35
2 Okwaramoi, Juru	Dowling	14.99
3 Lambson, Aricka	Carlisle	15.18
4 Keplinger, Anna	Waukee	15.68
5 Durr, Sienna	Grinnell	15.70
6 Esther, Ubadigbo	Roosevelt	15.81
7 Haack, Jocelyn	Carlisle	16.03
8 Davis, Sydney	Cedar Falls	16.14
9 Frett, Sarah	D.C.G.	16.21
10 Schepers, Sami	A.D.M.	16.27
11 Burken, Grace	Cedar Falls	16.75
12 Vance, Carsyn	D.C.G.	17.03
13 Wilson, Mallory	Dowling	17.15
14 Sekafetz, Jordan	I.C.City	17.41
15 Bunch, Abby	Norwalk	17.43
16 VanHeukelom, Andrea	Pella	17.67
17 Swenning, Kate	I.C.City	17.77
18 Baier, Kristen	A.D.M.	17.79
19 Werning, Katelyn	Ft Dodge	18.27
20 Hightshoe, Zoey	Boone	18.54
21 Jones, Maddison	Grinnell	18.73
22 Gilchrist, Camryn	Norwalk	18.86
23 Johnson, Erica	Marshalltown	19.12
24 Johnson, Skyler	Mason City	19.28

25 Spurgeon, Lily	Boone	19.31
26 Rood, Ali	Mason City	19.40
27 Wepler, Sydney	Pella	26.15
--- Himes, Gabby	Marshalltown	DQ

Event 29 Girls 100 Meter Hurdles Junior Varsity

Name	School	Finals
Finals		
1 Keplinger, Ellen	Waukee	16.81
2 Vogel, Abby	Waukee	16.84
3 Becker, Lily	Cedar Falls	17.17
4 Winger, Kynzi	Waukee	x17.53
5 Calligan, Abigail	A.D.M.	18.13
6 Caldwell, Savannah	Waukee	x18.50
7 Kim, Lauren	Waukee	x18.71
8 Toler, Alison	Waukee	x18.74
9 Galvez, Dalilah	Cedar Falls	18.78
10 Berger, Lillian	D.C.G.	18.97
11 Severson, Kaitlyn	Waukee	x19.01
12 Lose, Morgan	Carlisle	19.20
13 Sindlinger, Teagan	Waukee	x19.25
14 Klein, Mikayla	A.D.M.	19.38
15 Richardson, Dallas	Ft Dodge	19.50
16 Lester, Kaitlyn	Mason City	20.58
17 Wagner, Jordyn	Waukee	x21.15
18 Raymond, Isabella	Waukee	x21.16

Event 30 Girls 800 Meter Run Varsity

Name	School	Finals
Finals		
1 Michael, Mackenzie	Cedar Falls	2:15.95
2 Campbell, Lily	Waukee	2:17.47
3 Megan, Fleming	Roosevelt	2:19.37
4 Schweizer, Kelsey	Dowling	2:20.48
5 Juergens, Sadie	A.D.M.	2:20.49
6 Lackman, Torin	Norwalk	2:24.38
7 Olney, Carolyn	Waukee	2:25.59
8 Caraway, Jessica	Waukee	x2:27.10
9 Meilander, Janey	Dowling	2:30.94
10 Halstead, Erica	Pella	2:32.93
11 Anna, Gilbreath	Roosevelt	2:34.29
12 Hertz, Anna	Cedar Falls	2:34.54
13 Hoekstra, Madi	Carlisle	2:37.11
14 Sierra, Marcella	Mason City	2:40.99
15 Jorgensen, Chelsea	Pella	2:41.07
16 Chase, Emma	Norwalk	2:41.55
17 Hecker, Aly	I.C.City	2:41.73
18 Heller, Madisyn	Mason City	2:44.17
19 Conner, Nola	Grinnell	2:44.20
20 Perril, Janie	I.C.City	2:44.56
21 Van Nevel-Clark, Laynie	Grinnell	2:52.43
22 Fisher, Grace	Marshalltown	2:55.32
23 Uhde, Kaci	Marshalltown	3:04.25
24 Johnson, Madelyn	Boone	3:07.47
25 Berg, Sydney	Carlisle	3:15.50

Waukee Girls Relays - 4/12/2018

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Results - Waukee Girls Relays

Event 31 Girls 800 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Zoe, Fry	Roosevelt	2:34.35
2 Freeman, Jayna	Cedar Falls	2:34.39
3 Clark, Emma	Cedar Falls	2:35.09
4 Loeffelholz, Frances	Waukee	2:35.30
5 Schaffer, Izzy	Waukee	2:42.26
6 Foley, Karson	Waukee	x2:44.82
7 Katherine, Levy	Roosevelt	2:47.08
8 Kinney, Abby	Waukee	x2:48.02
9 Boyle, Miranda	Waukee	x2:48.06
10 Blommers, Lindsey	Pella	2:49.98
11 Longnecker, Calysta	Waukee	x2:52.38
12 Nickolaus, Mason	Waukee	x2:55.32
13 Karajica, Inaya	Waukee	x2:58.71
14 Clark, Lizbeth	Waukee	x3:29.89
--- Sirimalle, Bhavana	Waukee	NT
--- Van Langen, Kayla	Waukee	NT
--- Reutter, Megan	Boone	NT
--- Andersen, Samantha	Boone	NT
--- Heins, Ila	D.C.G.	NT
--- Johnson, Shelby	D.C.G.	NT
--- Munyan, Astraea	A.D.M.	NT
--- Christensen, Paige	Waukee	NT
--- Roorda, Ellie	Pella	NT
--- Costa, Kasey	Waukee	NT
--- Duzenberry, Annalise	Waukee	NT
--- Grell, Ellie	Norwalk	NT
--- Smith, Kayla	Ft Dodge	NT
--- VanEssen, Sasha	Norwalk	NT

Event 32 Girls 200 Meter Dash Varsity

Name	School	Finals
Finals		
1 Pingel, Annika	Pella	26.26
2 Vanderholt, Taylor	Norwalk	26.89
3 Schlicher, Ainsley	Waukee	27.19
4 Malek, Paighton	Pella	27.31
5 Schossow, Emma	Waukee	27.35
6 Berte, Greta	Cedar Falls	27.78
7 Pierick, Kathryn	Dowling	27.88
8 Kuestner-Burleson, Forest	Dowling	27.98
9 Harris, Daysi	Grinnell	28.21
10 Gee, Jenneh	Cedar Falls	28.30
11 Evans, Madison	D.C.G.	28.82
12 Trousdale, Serena	Mason City	29.28
13 Van Syoc, Makenna	Mason City	29.44
14 Orput, Tessa	Carlisle	29.47
15 Nordhagen, Josie	Carlisle	29.47
16 Zoe, Lawson	Roosevelt	29.49
17 Emma, Fritzkunker	Roosevelt	29.68
18 Collins, Grace	Marshalltown	29.97
19 Ramirez, Mariana	Marshalltown	30.14
20 Betts, Savanna	Boone	31.75

21 Benning-Shorb, Micah Grinnell 31.99

Event 33 Girls 200 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Vanderhoff, Roselande	Pella	28.35
2 Olivia, Ovrom	Roosevelt	28.81
3 VanHeukelom, Andrea	Pella	28.88
4 Tielbur, Kelby	Waukee	29.00
5 Smith, Lillie	Waukee	29.05
6 Tornell, Charlize	Waukee	x29.22
7 Simons, Shelby	Cedar Falls	29.63
8 Johnson, Raigen	Waukee	x29.94
9 Weber, Maddie	Waukee	x30.09
10 Sehman, Sarae	D.C.G.	30.25
11 Edwards, Alexis	Waukee	x30.64
12 Basart, Miranda	Waukee	x30.71
13 Bishop, McKenna	Ft Dodge	30.99
14 Kosbab, Kacie	Waukee	x31.08
15 Lohmann, Lizzy	A.D.M.	31.58
16 Spaur, Lauren	D.C.G.	31.82
17 Boyd, Briannah	Waukee	x31.95
18 Primrose, Rachel	Waukee	x32.10
19 Malmborg, Lila	Waukee	x32.23
20 Panfil, Vlada	Carlisle	32.56
21 Wood, Hannah	Waukee	x32.60
22 Suvic, Selma	Waukee	x32.68
23 Ury, Kaitlyn	Waukee	x32.87
24 Schenck, Natalie	Waukee	x32.90
25 Sharma, Radhika	Waukee	x33.27
26 Johnson, Skyler	Mason City	33.66
27 Grant, Peiton	Norwalk	34.52
28 Anderson, Chloe	Waukee	x36.80
29 Hull, Justyce	Mason City	37.34
30 Dykstra, Abigail	Waukee	x38.07
31 Baeth, Alexa	Waukee	x38.62
32 Giesken, Aerial	Norwalk	39.92

Event 35 Girls 400 Meter Hurdles Varsity

Name	School	Finals
Finals		
1 Schaeckenbach, Caroline	I.C.City	1:08.09
2 Keplinger, Anna	Waukee	1:08.37
3 Kenny, Anna	A.D.M.	1:09.17
4 Davis, Sydney	Cedar Falls	1:09.92
5 Danner, Madyln	Boone	1:10.50
6 Dancer, Jae	I.C.City	1:11.96
7 Giudici, Anna	Dowling	1:12.31
8 Thomas, Hannah	Mason City	1:12.70
9 Vogel, Abby	Waukee	1:13.30
10 Schmitz, Meg	Cedar Falls	1:13.33
11 Sekafetz, Jordan	I.C.City	x1:14.74
12 Sophie, Hall	Roosevelt	1:16.95
13 Viers, Tristine	Carlisle	1:17.25
14 Strittmatter, Ellen	Dowling	1:18.23
15 Neighbors, Kylee	Grinnell	1:19.28

Waukee Girls Relays - 4/12/2018

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Results - Waukee Girls Relays

Finals ... (Event 35 Girls 400 Meter Hurdles Varsity)

Name	School	Finals
16 Hart, Lexi	Grinnell	1:19.29
17 Mesecher, Cameron	Carlisle	1:20.39
18 Mikota, Grace	D.C.G.	1:22.26
19 Wepler, Sydney	Pella	1:22.62
20 Merical, Nicole	D.C.G.	1:23.65

Event 36 Girls 400 Meter Hurdles Junior Varsity

Name	School	Finals
Finals		
1 Huisman, Ellie	Waukee	1:13.16
2 Akason, Lindsey	Waukee	1:13.20
3 Keplinger, Ellen	Waukee	x1:16.82
4 Severson, Kaitlyn	Waukee	x1:17.93

Event 37 Girls 1500 Meter Run Varsity

Name	School	Finals
Finals		
1 Akason, Logan	Waukee	4:52.35
2 Isabel, Buchanan	Roosevelt	4:59.84
3 Schaffer, Sydney	Waukee	5:02.80
4 Davison, Emma	Mason City	5:03.70
4 Jones, Anjali	Grinnell	5:03.70
6 Sievers, Megan	Carlisle	5:05.97
7 Flood, Molly	Dowling	5:10.41
8 Lackman, Torin	Norwalk	5:14.45
9 Morrow, Amelia	I.C.City	5:20.69
10 VanDorn, Jessica	Cedar Falls	5:22.97
11 Blommers, Ashley	Pella	5:22.99
12 Welch, Hannah	A.D.M.	5:23.56
13 Larsen, Madison	Cedar Falls	5:28.29
14 Klocko, Madelyn	Ft Dodge	5:31.87
15 Bulk, Annie	Norwalk	5:43.88
16 Brown, Bridget	I.C.City	5:48.96
17 Fink, Caroline	Dowling	5:48.96
18 Kruse, Makayla	Pella	5:50.00
19 Belling, Elizabeth	D.C.G.	5:50.00
20 Kivett, Gracie	Grinnell	6:09.08
21 Rose, Sophia	Boone	6:09.48
22 Stella, Murphy	Roosevelt	6:12.24
23 Anderson, Ella	Carlisle	6:14.90
24 Eppert, Jayda	Boone	6:29.08

Event 38 Girls 1500 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Schaffer, Ally	Waukee	5:31.72
2 Wood, Meredith	Waukee	5:32.04
3 Fixen, Gretchen	Cedar Falls	5:32.11
4 Basart, Margaux	Waukee	x5:33.66
5 Wittenberg, Tirzah	Pella	5:34.01
6 Neese, Alyssa	Cedar Falls	5:36.82
7 Trampel, Brooke	Waukee	x5:37.65
8 Statton, Molly	Waukee	x5:40.45
9 Cutler, Abby	Pella	5:47.29

10 Weers, Calissa	Waukee	x5:50.32
11 Ingle, Katie	Waukee	x5:52.05
12 Kehoe, Emily	Norwalk	5:53.84
13 Hoch, Eva	Norwalk	5:55.83
14 Haupts, Maddie	D.C.G.	5:57.96
15 Collum, Layne	Waukee	x6:06.32
16 Munyan, Astraea	A.D.M.	6:14.34
17 Marckmann, Zoe	A.D.M.	6:17.18
18 Phillips, Katherine	Waukee	x6:22.61
19 Martin, Natalie	Norwalk	x6:25.60
20 Larson, Cacy	Norwalk	x6:27.41
21 Borneman, Brianna	D.C.G.	6:27.90
22 Perkins, Ashley	D.C.G.	x6:28.25
23 Brittain, Belle	A.D.M.	x6:28.49
24 Gruver, Isabel	Ft Dodge	6:37.59

Event 39 Girls 4x100 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Waukee		49.56
1) Karunatilaka, Sehansa	2) Winger, Sydney	
3) Vojic, Elma	4) Taylor, Delaney	
2 Pella		49.97
1) Miller, Metsje	2) Vanderhoff, Roselande	
3) Malek, Paighton	4) Vos, Emily	
3 Dowling Catholic		50.64
1) Bacille, Mira	2) Heuckendorf, Roz	
3) Gehrke, Olivia	4) Okwaramoi, Juru	
4 Iowa City High		50.83
1) Clark, Emma	2) Sartini-Rideout, Azzura	
3) Lindsey, Ayana	4) Cooper, Emma	
5 D.C.-Grimes		51.19
1) Ryan, Abby	2) Weddle, Abby	
3) Murrow, Ashley	4) Frett, Sarah	
6 Cedar Falls		51.28
1) Geerdes, Nicole	2) Green, Emerson	
3) Smith, Raelynn	4) Sterrett, Morgan	
7 Marshalltown		52.58
1) Gardner, Kierra	2) Trowbridge, Sara	
3) Chadderdon, Alyvia	4) Mazour, Regan	
8 Boone		53.09
1) Castle, Ellen	2) Wingert, Emily	
3) Hansen, Mallory	4) Danner, Madyln	
9 Carlisle		53.51
1) Schnathorst, Delaney	2) Ahartz, Adelynn	
3) Haack, Jocelyn	4) Lambson, Aricka	
10 Fort Dodge		53.57
1) Roby, KeiMara	2) Doster, Tristin	
3) Al-Hameed Foy, Shania	4) Clark, Jebreana	
11 Norwalk		53.73
1) Schulz, Annika	2) Hjelden, Maya	
3) Bunch, Abby	4) Vanderholt, Taylor	
12 Mason City		53.80
1) Daugherty, Odeleine	2) Deets, Anna	
3) Watson, Piper	4) Tobin, Grace	

Waukee Girls Relays - 4/12/2018

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Results - Waukee Girls Relays

Finals ... (Event 39 Girls 4x100 Meter Relay Varsity)

Team	Relay	Finals
13 Grinnell		54.31
1) Benning-Shorb, Micah	2) Luther, Madison	
3) Petig, Addyson	4) Durr, Sienna	
14 A.D.M.		54.31
1) Lohmann, Lizzy	2) Schepers, Sami	
3) Osgood, Carley	4) Kester, Keaton	
15 D.M. Roosevelt		54.95
1) Ava, Denner	2) Sage, Halfhill-Boone	
3) Eunique, Adair	4) Sophia, Rauwen	

Event 40 Girls 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Waukee		51.97
1) Barnes, Sam	2) Schossow, Emma	
3) Stark, Zoey	4) Clouser, Grace	
2 Dowling Catholic		52.09
3) Waukee	B	x52.56
1) Jones, Janiah	2) Akason, Lindsey	
3) Gates, Lauren	4) Muse, Sofia	
4 Pella		54.70
1) Diers, Esther	2) VanHeukelom, Andrea	
3) Konfrst, Katelyn	4) Armstrong, Evie	
5 Cedar Falls		54.75
1) Becker, Lily	2) Barney, Anaya	
3) Galvez, Dalilah	4) Burken, Grace	
6 D.C.-Grimes		55.04
7 Waukee	C	x55.28
1) Caldwell, Savannah	2) Winger, Kynzi	
3) Raymond, Isabella	4) Bettis, Lydia	
8 Boone		56.98
1) Spurgeon, Lily	2) Hultgren, Samantha	
3) Johnson, Lexi	4) Price, Bailey	
9 Waukee	E	x57.45
1) Mihura, Delfina	2) How, Nia	
3) Edwards, Alexis	4) Malmborg, Lila	
10 A.D.M.		58.22
1) Hoy, Katie	2) Adkins, Shelby	
3) Calligan, Abigail	4) Zwank, Holland	
11 Waukee	D	x58.24
1) Sindlinger, Teagan	2) Toler, Alison	
3) Wagner, Jordyn	4) Smith, Lillie	
12 Fort Dodge	B	58.54
1) Werning, Katelyn	2) Bishop, McKenna	
3) Richardson, Dallas	4) Rork, Mylea	
13 Fort Dodge		x58.77
1) Moore, Kylei	2) Touney, Kiana	
3) Rodriguez, Sarah	4) Niemeyer, Annie	
14 Norwalk		59.64
1) Hunter, McKenzie	2) Bowles, Abbey	
3) Randall, Callan	4) Gilchrist, Camryn	
15 Mason City		59.88
1) Nehman, Evie	2) Brosdahl, Annalise	
3) Diaz, Aubri	4) McCleish, Essie	

Event 41 Girls 4x400 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Waukee		4:20.49
1) Huisman, Ellie	2) Muse, Sofia	
3) Olney, Carolyn	4) Groetken, Katie	
2 Waukee	B	x4:20.55
1) Groathouse, Megan	2) Shepard, Emma	
3) Hiscocks, Peyton	4) Felt, Katelyn	
3 Cedar Falls		4:27.84
1) Lenaerts, Maddy	2) Brokenshire, Rachel	
3) Ross, Caroline	4) Berte, Greta	
4 Waukee	C	x4:30.19
1) Nickolaus, Mason	2) Kim, Lauren	
3) Hueser, Sophia	4) Banwart, Madison	
5 D.M. Roosevelt		4:51.44
1) Leslie, Delgado	2) Olivia, Ovrom	
3) Hannah, Neary	4) Ingrid, Collet	
6 Waukee	D	x4:51.98
1) Chase, Ashlyn	2) Johnson, Raigen	
3) Hoover, Madison	4) Kinney, Abby	
7 D.C.-Grimes		4:52.87
8 A.D.M.		5:00.31
1) Schmidt, Kerilyn	2) Mueller, Ellie	
3) Pospisal, Mara	4) Spiker, Tayah	
9 Fort Dodge		5:01.50
1) Daniel, Madalyn	2) Mitchell, Olivia	
3) McBride, Piera	4) Miller, Gracie	
10 Mason City		5:29.36
1) Rood, Ali	2) Brosdahl, Annalise	
3) Larson, Keri	4) Gobeli, Cree	

Event 42 Girls 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Waukee		4:01.28
1) Taylor, Delaney	2) Caraway, Jessica	
3) Bannister, Kate	4) Campbell, Lily	
2 Ames		4:03.85
3 Iowa City High		4:08.25
1) DePrenger, Sydney	2) Kelly-Harvey, CeCe	
3) Green, Tiara	4) Lindsey, Ayana	
4 Cedar Falls		4:09.40
1) Kimbrough, Auriona	2) Davis, Sydney	
3) Kvale, Paige	4) Michael, Mackenzie	
5 Dowling Catholic		4:11.07
1) Timboe, Kate	2) Meilander, Janey	
3) Tobias, Margaret	4) Schweizer, Kelsey	
6 Pella		4:11.60
1) Thoreson, Elsie	2) Holterhaus, Emily	
3) McMartin, Caroline	4) Pingel, Annika	
7 D.M. Roosevelt		4:16.76
1) Esther, Ubadigbo	2) Claire, Chell	
3) Tori, Hall	4) Megan, Fleming	

Waukee Girls Relays - 4/12/2018**Waukee Stadium****Results - Waukee Girls Relays**

Finals ... (Event 42 Girls 4x400 Meter Relay Varsity)			11) Fort Dodge	19
Team	Relay	Finals	12) Mason City	6
8	A.D.M.	4:20.04		
	1) Juergens, Sadie	2) Lohmann, Lizzy		
	3) Case, Julia	4) Kenny, Anna		
9	D.C.-Grimes	4:23.92		
	1) Muhlstein, Miranda	2) Ferguson, Ally		
	3) Ferguson, Ashley	4) Ashley, Hannah		
10	Grinnell	4:27.46		
	1) Luther, Madison	2) Eitel, Keelie		
	3) Peak, Morgan	4) Harris, Daysi		
11	Carlisle	4:34.61		
	1) Hoekstra, Madi	2) Hoekstra, Molly		
	3) Hyde, Ashliah	4) Sievers, Megan		
12	Mason City	4:40.42		
	1) Van Syoc, Makenna	2) Trousdale, Serena		
	3) Lester, Kaitlyn	4) Sierra, Marcella		
13	Marshalltown	4:42.13		
	1) Corona, Beyonce	2) Vergara, Priscila		
	3) Johnson, Erica	4) Kapauou, Lyris		
14	Boone	4:42.32		
	1) Castle, Ellen	2) Muller, Maggy		
	3) Wingert, Emily	4) Brogden, ShyAnne		
15	Norwalk	4:54.35		
	1) Whitehead, Joplyn	2) Heaverlo, Katie		
	3) Chase, Emma	4) Neimeyer, Cadyn		
16	Fort Dodge	5:02.86		
	1) Widen, Tessa	2) Estlund, Alexa		
	3) Thompson, Avery	4) Miller-Hameed, Cheyenne		

Women - Varsity - Team Rankings - 19 Events Scored

1) Waukee	184.4
2) Cedar Falls	94.2
3) Pella	92
4) Dowling Catholic	91.2
5) Iowa City High	46
6) D.C.-Grimes	34
7) Grinnell	31.5
8) D.M. Roosevelt	29
9) A.D.M.	28
10) Mason City	26.5
11) Norwalk	24
12) Carlisle	23
13) Marshalltown	18.2
14) Boone	11
15) Ames	8

Women - Junior Varsity - Team Rankings - 19 Events Scored

1) Waukee	242
2) Cedar Falls	100
3) Pella	65
4) D.M. Roosevelt	55
5) Boone	32
5) Dowling Catholic	32
7) Norwalk	31
8) Carlisle	27
8) D.C.-Grimes	27
10) A.D.M.	22