

Updated after 2023 season

Mason City Mohawk 7th Grade Girls Track and Field Records

100m dash	Jada Williams	2017	13.23
200m dash	Jada Williams	2017	27.72
400m dash	Jada Williams	2017	1:03.73
800m run	Brogan Evans	2021	2:33.80
1500m run	Leah Dykstra	2023	5:22.71
100m hurdles	Rosa Monarch	2018	17.52
200m hurdles	Ariel Lee	2019	32.25
Shuttle Hurdle Relay	Ariel Lee, Allison Brandt, Claudia Sewell, Gwen Fiser	2019	1:18.39
4x100m relay	Kayla Till, Kaitlyn Vaith, Ashley Alert, Kaitlin O'Neill	2012	56.44
4x200m relay	Anna Lensing, Odeleine Daughtry, Peytan Runge, Megan Meyer	2014	1:59.14
4x400m relay	Peytan Runge, Anna Lensing, Odeleine Daughtry, Megan Meyer	2014	4:30.31
4x800m relay	Nicole Hewett, Cortni Rush, Danielle Davis, Jadda Buckley	2008	10:51.74
800m medley	Rachel Danielson, Jenni King, Bailey Baker, Makenzie Meyer	2011	2:07.56
1600m medley	Brynn Peterson, Damiyah Williams, Zoie Hunt, Leah Dykstra	2023	4:52.94
Shot Put	Beckie Holdiman Heather Westendorf	1992 1987	30'0"
Discus	Beckie Holdiman	1992	83'9"
Long Jump	Taylor Sgontz	2005	15' ½"
High Jump	Damiyah Williams	2023	5'2"

*All times are FAT (fully automated timing)

The 7 flight hurdles and 7 flight shuttle hurdle relay were replaced with the 100m hurdles and 10 flight shuttle hurdle relay in 2011.